



Council of Alberta University Students
Campus Mental Health Policy
Policy #16-02

WHEREAS mental illness and student well-being is a growing concern for post-secondary students, with over 80% of Albertan students surveyed stating they struggled with mental health issues, in some way, during university; and

WHEREAS the Government of Alberta, in 2013, provided a one-time funding package to be allocated over three years towards improving mental health services at the University of Alberta, University of Calgary, and University of Lethbridge; and

WHEREAS the Government of Alberta, in 2014, provided an additional funding package to be allocated over three years towards improving mental health services at MacEwan University and Mount Royal University; and

WHEREAS improving the treatment of mental illness on university campuses not only benefits the students, but all Albertans, by ensuring a healthy, and high-quality workforce; and

WHEREAS the clear benefits of campus mental health funding has been seen on university campuses across Alberta, including the increased staffing of mental health professionals and greater supports for students; and

WHEREAS a concerted effort to remove the stigma associated with mental illness is required, so that affected students are able to actively seek help without shame or fear.

BE IT RESOLVED THAT the Council of Alberta University Students advocate to the Government of Alberta to ensure continuing, predictable, and adequate long-term funding for effective mental health services at Alberta universities on a per student basis.

BE IT FURTHER RESOLVED THAT the Council of Alberta University Students advocate to the Government of Alberta to pursue a province-wide strategy to combat and effectively treat mental illness on university campuses.

BE IT FURTHER RESOLVED THAT the Council of Alberta University Students advocate to the Government of Alberta to adopt a province-wide strategy to address the societal stigma associated with mental illness.

BE IT FURTHER RESOLVED THAT the Council of Alberta University Students advocate to the Government of Alberta to provide funding for the Alberta Campus Mental Health Community of Practice, as it continues its collaborative work around campus mental health in Alberta.